



Post Root Canal Therapy Instructions

Discomfort

Most patients will experience no discomfort once the anesthetic has worn off. Due to the length of the procedure, it is possible for some patients to experience mild discomfort in the joints of their jaw.

Medication

If you have any discomfort, take whatever you normally would take for a headache as directed on the bottle. An over-the-counter medication containing ibuprofen (Advil, Motrin) usually works best.

Should you experience more discomfort than the over-the-counter medication will relieve, it may indicate that there is an infection in the bone around the tooth which is becoming active and starting to spread. If necessary, a stronger pain medication and an antibiotic will be prescribed for you. This is a very unusual reaction – *do not expect it!*

Predictability

Most teeth will respond favorably to root canal therapy. Some, however, will not. It is impossible to predict before the procedure which teeth will and which teeth will not.

Restoration

Upon completion of root canal therapy, a full-coverage crown (cap) is recommended in most instances to prevent the fracture and/or loss of the tooth. Teeth become *very* brittle following root canal therapy. If the tooth already has a full-coverage crown, a new one is usually not necessary. If an appointment was not made for you to restore your tooth, please call our office to set one up.

If excessive pain or swelling occurs, please call our office at (308) 632-6331 at once!

Thank you for giving us this opportunity to serve you! We truly appreciate your confidence in us as your dental care provider.